



Publication Manual of the American Psychological Association Seventh Edition (2020)

美國心理學會出版手冊

論文寫作格式 七版



台灣護理學會 製作



使用或轉貼請務必註明本會



APA 7th edition Quick Reference Guide 參考文獻快速指引



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2020.May



✦ 格式

Author, A. A., & Author, B. B. (Year). Title of the article.

Name of the Periodical, volume(issue), #-#. <https://doi.org/xxxx>

作者姓名（西元出版年）・標題・期刊名稱，卷（期），起訖頁數。
<https://doi.org/xxxx>

※期刊名、卷數需以斜體字體呈現，若該期刊無卷數時，則僅列期數且不需斜體、不需括弧。

✦ 範例

Gürkan, K. P., & Bahar, Z. (2020). Living with diabetes: Perceived barriers of adolescents. *The Journal of Nursing Research*, 28(2), e73. <https://doi.org/10.1097/jnr.00000000000000349>

胡文郁、張雯雯、張榮珍、唐嘉君、蕭淑銖、呂宜欣（2020）・全球健康議題與護理研究之國際趨勢・*護理雜誌*，67（2），13-21。
[https://doi.org/10.6224/JN.202004_67\(2\).03](https://doi.org/10.6224/JN.202004_67(2).03)



✦ 格式

Author, A. A., & Author, B. B. (Copyright Year). *Title of the book* (2nd ed.).
Publisher. DOI or URL

作者姓名（西元出版年）・書名（版次）・出版商。https://doi.org/xxxx

※書名以斜體字體呈現，版次列於書名之後。出版地不用寫。有DOI要加註DOI。

✦ 範例

Grady, P. A., & Hinshaw, A. S. (2017). *Using nursing research to shape health policy*. Springer.

簡莉盈、劉影梅（2017）・實證護理學導論（三版）・華杏。



✦ 格式

Author, A. A., & Author, B. B. (Copyright Year). Title of the book chapter.
In A. A. Editor & B. B. Editor (Eds.), *Title of the book* (2nd ed., pp. #-#).
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出版商。

✦ 範例

Balsam, K. F., Martell, C. R., Jones, K. B., & Safren, S. A. (2019). Affirmative cognitive behavior therapy with sexual and gender minority people. In G. Y. Iwamasa & P. A. Hays (Eds.), *Culturally responsive cognitive behavior therapy: Practice and supervision* (2nd ed., pp. 287-314). American Psychological Association. <https://doi.org/10.1037/0000119-012>

林元淑、黃靜微（2017）· 新生兒及其護理 · 於陳月枝總校閱，*實用兒科護理*（八版，38-112頁）· 華杏。



✦ 格式

原著作者（翻譯出版年）· 翻譯書名（譯者；版次）· 出版商。（原著出版年）

✦ 範例

Bickley, L. S., & Szilagyi, P. G. (2017) · 最新貝氏身體檢查指引（劉禹亭譯；11版）· 合記。（原著出版於2013）

✦ 於內文引用之寫法

（原著作者，原著出版年/翻譯出版年）

✦ 於內文引用之範例

（Bickley & Szilagyi, 2013/2017）



✦ 格式

Name of Group. (Year). *Title of report* (Report No. #). Publisher. DOI or URL

作者姓名（西元年，月日）・報告名稱（文件號碼）。網址

✦ 範例

National Cancer Institute. (2018). *Facing forward: Life after cancer treatment* (NIH Publication No. 18-2424). U. S. Department of Health and Human Services, National Institutes of Health. <https://www.cancer.gov/publications/patient-education/life-after-treatment.pdf>

衛生福利部疾病管制署（2020，4月14日）・中央流行疫情指揮中心訂有「**COVID-19（武漢肺炎）住院病人分艙及雙向轉診建議**」，籲請醫界朋友落實執行（疾病管制署致醫界通函第427號）。
<https://www.cdc.gov.tw/Bulletin/Detail/rRy3FP5tFZgijnCguVvZoQ?typeid=48>



作者類別	引用格式一	中文引用格式
1位	Author, A. A.	作者A
2位	Author, A. A., & Author, B. B.	作者A、作者B
≤ 20位	1-20位均全列，第20位英文前面用&，中文前面用、 Author, 1., Author, 2., Author, 3., Author, 4., Author, 5., Author, 6., Author, 7., Author, 8., Author, 9., Author, 10., Author, 11., Author, 12., Author, 13., Author, 14., Author, 15., Author, 16., Author, 17., Author, 18., Author, 19., & Author, 20. 作者1、作者2、作者3、作者4、作者5、作者6、作者7、作者8、作者9、作者10、作者11、作者12、作者13、作者14、作者15、作者16、作者17、作者18、作者19、作者20	
≥ 21位	先列1-19位，第19位後面，英文用...接著最後一位作者的姓，中文則用…接著最後一位作者的姓 Pandharipande, P. P., Ely, E. W., Arora, R. C., Balas, M. C., Boustani, M. A., La Calle, G. H., Cunningham, C., Devlin, J. W., Elefante, J., Han, J. H., MacLulich, A. M., Maldonado, J. R., Morandi, A., Needham, D. M., Page, V. J., Rose, L., Salluh, J. I. F., Sharshar, T., Shehabi, Y., ... Smith, H. A. B. (2017). The intensive care delirium research agenda: A multinational, interprofessional perspective. <i>Intensive Care Medicine</i> , 43(9), 1329–1339. https://doi.org/10.1007/s00134-017-4860-7	



內文引用時，作者的寫法

作者類別	內文引用格式一	內文引用格式二
1位	(Luna, 2020) (司徒, 2020)	Luna (2020) 司徒 (2020)
2位	(Salas & D'Agostino, 2020) (司徒、慕容, 2020)	Salas and D'Agostino (2020) 司徒、慕容 (2020)
≥ 3位	(Martin et al., 2020) (司徒等, 2020)	Martin et al. (2020) 司徒等 (2020)
機構/團體 第1次出現	(World Health Organization [WHO], 2020)	World Health Organization (WHO, 2020)
之後再出現	(WHO, 2020)	WHO (2020)
(note: 會出現至少3次以上的名詞才用縮寫)		



📌 規則

參考文獻中，若第一作者姓氏相同，於內文引用時，不論年代是否相同，內文均需列出第一作者全名。

📌 範例

- ① 內文：we review **M. A. Light** and Chen (2008) and **R. Light** (2006)
- ② 中文舉例

參考文獻：

林玟華、陳志軒、徐畢卿（2017）。正念在快樂與心理健康促進之應用。《護理雜誌》，64（4），97-103。

林瑞祥、李佩芬（2018）。從獨白到對話—糖尿病自我管理教育的演變。《護理雜誌》，65（5），20-26。

本文引述：

由林玟華、陳和徐（2017）及林瑞祥、李（2018）文獻指出...



其他

✚ 格式 *UpToDate*

Author, A., & Author, B. (year). Title of article. *UpToDate*.
Retrieved date, from
<https://www.uptodate.com/contents/title-of-article>

✚ 範例

Morey, M. C. (2019). Physical activity and exercise in older adults. *UpToDate*.
Retrieved May 12, 2020, from <https://www.uptodate.com/contents/Physical-activity-and-exercise-in-older-adults>



圖表

✦ 範例 Table Titles

Table Quality	Example table title	
Too general	Relation Between College Majors and Performance	太籠統
Too detailed	Mean Performance Scores on Test A, Test B, and Test C of Students With Physics, English, and Nursing Majors	太繁瑣
Effective	Mean Performance Scores of Students With Different College Majors	剛剛好

➡ 聲明

本檔案圖表(圖表一至圖表四)皆取自

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). <https://doi.org/10.1037/0000165-000>



範例 Sample Demographic Characteristics Table

Table 1

Sociodemographic Characteristics of Participants at Baseline (N = 150)

Baseline Characteristics (居中)	Guided self-help		Unguided self-help		Wait-list control		Full sample	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Gender								
Female	25	50	20	40	23	46	68	45.3
Male	25	50	30	60	27	54	82	54.7
Children ^a	26	52	26	52	22	44	74	49.3
Employment								
Unemployed	3	6	5	10	2	4	10	6.7
Student	8	16	7	14	3	6	18	12.0
Employed	30	60	29	58	40	80	99	66.0
Retired	0	0	2	4	0	0	2	1.3
Previous psychotropic medication ^a	6	12	13	26	11	22	30	20.0

Note. ^a Reflects the number and percentage of participants answering "yes" to the question.

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範例 Sample Properties of Study Variables Table

Table 1				
<i>Psychometric Properties for DLOPFQ Scales and Subscales</i>				
Scale(居中)	<i>M</i>	<i>SD</i>	Range	Cronbach's α
Identity total score	86.6	28.0	28-155	.94
Work Identity	41.6	13.3	16-76	.88
Social Identity	45.0	15.7	14-84	.91
Self-Directedness total score	91.2	26.5	34-151	.92
Work Self-Directedness	44.9	13.5	16-76	.85
Social Self-Directedness	46.3	14.3	17-80	.86
Empathy total score	29	58	40	80
Work Empathy	49.9	8.2	20-72	.72
Social Empathy	51.9	8.6	28-76	.77

Note. The *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.) Levels of Personality Functioning Questionnaire (DLOPFQ) we developed had four scales (Identity, Self-Directedness, and Empathy, each with subscales for work and social domains).



✦ 範例 Sample Correction Table for Two Samples

Table 1				
<i>Intercorrelations for Study Variables Disaggregated by Gender</i>				
Variable(居中)	1	2	3	4
1. Grade point average	—	.49**	.35**	-.05
2. Academic self-concept	.35**	—	.36**	.02
3. Teacher trust	.49**	.35**	—	.20**
4. Age	.10	.21*	-.15	—

Note. The results for the female sample ($n = 199$) are shown about the diagonal. The results for the male sample ($n = 120$) are shown below the diagonal.

* $p < .05$. ** $p < .01$.



範例 Sample Factor Analysis Table

Table 1			
Results From a Factor Analysis of the Parental Care and Tenderness (PCAT) Questionnaire			
PCAT item (居中)	Factor loading		
	1	2	3
Factor 1: Tenderness-Positive			
22. A child blows you kisses to say goodbye.	.85	-.02	-.01
16. A newborn baby curls its hand around your finger.	.84	-.06	.00
Factor 2: Liking			
5. I think that kids are annoying.	-.01	.83	-.03
11. I don't like to be around babies.	.11	.72	-.01
Factor 3: Protection			
7. I would hurt anyone who was a threat to a child.	-.13	-.02	.68
15. I would sooner go to bed hungry than let a child go without food.	.46	.03	.36

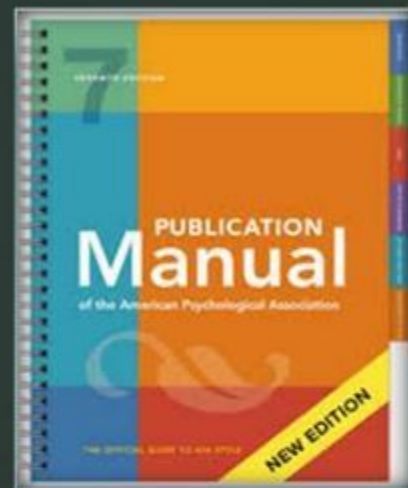
Note. N = 307. Factor loading above .30 are in bold.

若表中有使用粗體, 須註明其意義



聲明

按以往經驗，美國心理學會在出版 APA 第7版一年內，會陸續勘誤，故本會亦將執行滾動式修正；若有疑義，以美國心理學會出版品為主。



Reference

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). <https://doi.org/10.1037/0000165-000>

網路資源

<https://apastyle.apa.org/products/publication-manual-7th-edition/>

<https://apastyle.apa.org/style-grammar-guidelines/paper-format/sample-papers>